

Health Curriculum
Paris Crestwood
2020-2021

7th Grade Health Scope and Sequence

WEEK	MAIN FOCUS POINTS	ILLINOIS LEARNING STANDARDS
1 & 2	<ul style="list-style-type: none"> Set, prioritize, and share life goals Understand that planning now can determine future outcomes Understand that past actions do not have to dictate future decisions Define and explain "abstinence" Consider value of sex within marriage Identify the value of having a plan and practice techniques to resist negative peer pressure Understand that it is never too late to start making healthy choices 	24.B.3a, 24.C.3a
2 & 3	<ul style="list-style-type: none"> Identify and define different types of media and consider their purposes Calculate daily exposure to media and recognize the potential for addiction Recognize the power of graphic images and their effect on the brain Determine ways to protect self against use of unhealthy media, including pornography Identify justification for sex Recognize physical/emotional/mental/social/financial consequences of non-marital sexual activity Recognize interconnectedness of at-risk behaviors 	24.B.3a, 24.C.3a
4 & 5	<ul style="list-style-type: none"> Consider important of early goal making for abstinence Evaluate the impact of unmarried teen pregnancy for girls and boys Summarize the process of conception Define conception and contraception Evaluate the trend of financial health for children born to unwed mothers Compare poverty rates for children in various family structures Identify activities to avoid sexual pressure situations List possible family structures and characterize the "ideal" family Explore good and bad perceptions of marriage Discuss Illinois laws (Safe Haven Law) 	24.B.3a, 24.C.3a
6 & 7	<ul style="list-style-type: none"> Identify justification for sex Identify viral vs. non-viral STDs Assess possible consequences of STDs Explore strategies to avoid STDs Discuss the difference between risk education and risk elimination Inspect a dating relationship based on friendship Consider character qualities desired in a future mate Reflect how boundaries and personal guidelines protect Review the powerful effect that abstinence can have on a relationship 	24.B.3a, 24.C.3a
8 & 9	<ul style="list-style-type: none"> Conduct group research projects and presentations on health topics 	24.B.3a, 24.C.3a

8th Grade Health Scope and Sequence

WEEK	MAIN FOCUS POINTS	ILLINOIS LEARNING STANDARDS
1 & 2	Endocrine System	23.A.7f
2 & 3	Male Reproductive System	23.A.5f, 23.A.5g
4 & 5	Female Reproductive System	23.A.5f, 23.A.5g
6 & 7	Human Life Cycle	23.C.5i
8 & 9	Research on Remaining Body Systems	23.A.3a, 23.B.3a